



PeopleTech

# Employee Pulse Checks



## Overview

Employees are the heartbeat of any organization - and savvy leaders know that checking in regularly matters. Our Employee Pulse Checks are short, focused surveys that capture real-time employee sentiment across your entire organization. They are designed to be quick to complete, easy to analyze, and powerful in the insights they reveal.

Unlike long annual engagement surveys that often come too late, Pulse Checks help you keep your finger on the pulse of morale, stress levels, productivity barriers, and emerging concerns—enabling timely action and ongoing improvement.

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# Why Employee Pulse Checks?

In a world of rapid change, it's no longer enough to rely on end-of-year feedback. Employee sentiment changes quickly, and without timely data, you risk losing touch with what your people are thinking and feeling.

Regular Pulse Checks offer more than just data—they build trust. Employees feel heard when they know their opinions are being sought and acted upon. And for leaders, it's an early-warning system to detect potential issues before they become major problems. Pulse Checks foster a culture of openness, responsiveness, and continuous improvement.

## Pulse Checks: What & How

Our Pulse Checks are designed for maximum flexibility and insight:

- **Customizable Question Banks** – Choose from our research-backed templates or tailor your own questions to suit your business context.
- **Demographic Filters** – Analyze results by location, team, job level, age, or tenure to uncover patterns and disparities.
- **Anonymous and Confidential** – Create a safe space for honest feedback that leads to meaningful change.
- **Frequency Options** – Deploy Pulse Checks monthly, quarterly, or around specific initiatives (e.g., after reorganization, policy rollout, or major announcements).

You'll receive dynamic dashboards and summary reports highlighting trends, red flags, and priority actions.

## Listen Often. Act Fast. Improve Continuously.

You don't have to wait a year to know how your people feel. With Employee Pulse Checks, you get real-time insights that help you lead with empathy and precision.

*Let's build a listening culture together*—reach out today to schedule your first Pulse Check!

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